



Region 5

VIRTUAL PULSE CHECK: Date July 18, 2020

12 noon – 2:00 pm

During these unprecedented times, we see the world racing to find an answer to COVID-19. We've heard many advice on what we should do to protect ourselves and each other. And while there has been miss-steps and continued trial, we are all hopeful that we will turned the bend on this dreaded virus, and hope that we are doing everything in our power to prevent the predicted next wave.

And as we grieved the losses we faced due to COVID-19, we witnessed a most heinous crimes against another human being, caught on video. This horrific crime committed by officers who took an oath to serve and protect. The people we tell our children to turn to in times of need. How do we find comfort amidst all the turmoil?

The region 5 Coalition of Racialized Workers, would like to invite all OPSEU members to join us for a Zoom Pulse Check. Steps to healing. Join us on July 18, 2020 from 12:00 pm to 2:00 pm as we unpack.

Topic: Region 5 CoRW Meeting

Time: Saturday, July 18, 2020 12:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/93819581866?pwd=WkQvSjhRd1VjQjh4UCsrUTU4cGpDZz09>

Meeting ID: 938 1958 1866

Password: 347227

1. **Check in:**
2. **Healing for our communities: What we need to do to stay safe during COVID-19**
3. **Healing for Black people: Where do we start?**

R5CoRW is offering care packages to members impacted by COVID-19. Contact R5CORW@gmail.com if you require assistance.

We are in it together and together we will win!