

# BLUE MONDAY

## DONATIONS

At this special time of year, we'd ask you to please look to our many clients in need. Local events are being held on **January 20** – known as Blue Monday – and we're collecting knitted, crocheted or purchased blue hats, mitts, scarves and socks to help our clients stay warm at this coldest, darkest time of the year.

But the Blue Monday event isn't just about avoiding staying warm. It's about raising awareness of the extremely serious issues our sector faces.

Will you share?



OPSEU  
Mental Health  
and Addictions  
Division



It's incredibly tough for Ontarians who suffer from mental health and addictions issues – and Doug Ford wants to make it even tougher, from axing the planned minimum wage hike, to cutting funding to many programs and services the most vulnerable rely on.

Even without the new cuts, our clients have limited supports and often they have nowhere to go for help. Affordable housing wait lists are long while access to shelter that people can actually afford is next to impossible.

All of this takes a terrible toll on our society, our health care system, our families and our clients. We must keep putting pressure on the government to increase the investment urgently needed to maintain and expand current services so that we can give our clients the best possible care.

**Kindly drop off or mail all donated items to:**

Attention:

Name:

Address:



On behalf of the most vulnerable among us, thank you for your generosity. We wish you the best for a healthy and happy New Year!